

The Health Alliance for Prudent Prescription and Yield of Antibiotics in a Patient-centred Perspective HAPPY PATIENT will hold its kick off meeting on the 15th of January 2021

The HAPPY PATIENT project is born as a response from the European Commission to address the growth of antimicrobial resistance over the last 20 years. The project is led by the Health Catalan Institute (ICS) and the IDIAPJGol Research Institute.

Antimicrobial resistance from over-prescription of antibiotics: a silent killer

Data from The European Antimicrobial Resistance Surveillance Network (EARS-Net) shows that in 2015 about 33,110 deaths were attributable to antimicrobial resistance. It is estimated that lack of action today might cause about 10 million deaths per year by 2050 ¹.

Reducing the inappropriate prescription of antibiotics by 40%: the HAPPY PATIENT's ambitious goal

Under these circumstances, it is imperative to implement a successful strategy to reduce the use of antibiotics, which can be tailored and implemented in a wide range of different systems and prescribing cultures.

To do so, HAPPY PATIENT builds upon evidence and proposes an innovative patient-centred approach. The patient-centred strategy implies the involvement of all health care-providers acting as main point of contact for the management of community-acquired infections. The project will engage Health Care Professionals working in general practice, Out of Hours services, dentists, nursing homes and community pharmacies. This will be implemented in 5 Target Countries (Spain, France, Lithuania, Poland and Greece) with diverse health systems, incomes and level of antimicrobial medicines consumption.

The overall objective of the HAPPY PATIENT is to enable a significant increase in the impact of the EU's guidelines on the prudent use of antimicrobials in human health through an approach which is focused on the critical interaction between patients and Health Care Professionals.

HAPPY PATIENT will mark a significant move forward from theory to practice in relation to promoting responsible stewardship amongst both healthcare professionals and patients.

An international consortium

The HAPPY PATIENT consortium is composed of 15 partners and 2 associated entities, which are part of:

-  *Academia, research and clinical practice:* Health Catalan Institute (ICS) & IDIAPJGol Research Institute, University of Copenhagen (UCPH), University of Southern Denmark (SDU) and its Research Unit for General Practice Odense (RUPO), Norwegian Research Centre (NORCE), The Capital Region of Denmark, Rijksuniversiteit Groningen (RUG), University of Las Palmas de Gran Canaria (ULPGC) & Fundación Canaria Parque Científico Tecnológico (FCPCT), Nice University Hospital (CHU de Nice), My Family Doctor (Mano Seimos Gydytojas), Medical Universtiy of Lodz (MUL) and University of Crete (UoC).
-  *Professional umbrella organisations:* Spanish Society of General Practitioners (SEMFYC), European Association for Clinical Pharmacology (EACPT), Centre Hospitalier Universitaire de Rennes (CHU Rennes) and International University of Catalonia – Patients Institute (UIC)

Happy Patient project's start date is on the 01st of January 2021, and it will last up to 36 months.

For more information, please visit www.happypatient.eu

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¹ O'neill J. Tackling drug-resistant infections globally: final report and recommendations. 2016